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# DOMINION HERBAL COLLEGE

North America's Oldest School of Herbal Medicine

#271-5489 Byrne Road, Burnaby, BC V5J 3J1 Canada

Phone: 604-433-1926 Toll Free: 1-888-DHC-1926 Fax: 604-433-1925

Email: [info@dominionherbalcollege.com](mailto:info@dominionherbalcollege.com) [www.dominionherbalcollege.com](http://www.dominionherbalcollege.com)

Accredited by the Private Career Training Institutions Agency (PCTIA)



Institution #283

## CLINICAL HERBAL THERAPY DIPLOMA PROGRAM

SPECIALLY STRUCTURED FOR HEALTH CARE PROFESSIONALS AT THE PHYSICIAN LEVEL

2 YEAR DISTANCE LEARNING

### PROGRAM DESCRIPTION

This 2-year clinical program is specially structured for health care professionals at the physician level who are interested in developing a working knowledge of Herbal Medicine as a complementary healing modality. This program provides a comprehensive system of training which includes a study of the principles and philosophy of clinical herbal therapy, the definitions, constituents and pharmacology of medicinal plants and a wide range of adjunctive subjects relevant to the practice of herbal therapeutics.

### CAREER OPPORTUNITIES

This advanced clinical program of study in Herbal Medicine will prepare the student with the working knowledge and skills necessary to practice as a Clinical Herbal Therapist (CHT) or work in other areas of Herbal Medicine as an instructor, researcher, writer, retailer, medicine maker, consultant to the industry or a community resource person.

### LEARNING OBJECTIVES

Upon successful completion of this program, the student will:

1. Have a sound knowledge of the basic health sciences as they relate to Herbal Medicine.
2. Understand the roles that correct nutrition and lifestyle play in the maintenance of good health.
3. Be competent in the assessment and treatment of common disease states by phytotherapeutic and complementary means.
4. Have an understanding of the limitations of natural therapies and be able to recognize when a client needs to be referred to medical and/or other health professionals.
5. Be competent and effective in running a herbal clinic.

### ADMISSION REQUIREMENTS

Verification of Physician-Level Education

### PROGRAM DURATION

The program duration is two years. Each academic year is 12 months and runs from September through August.

### STUDY HOURS

This program requires 20-30 hours per week of self-directed learning.

### DELIVERY & INSTRUCTIONAL METHODS

A distance learner at Dominion Herbal College is a self-motivated, independent individual who has the opportunity to receive a diploma in the field of Herbal Medicine as a Clinical Herbal Therapist (CHT) and maintains the flexibility to study while working, caring for a family or sustaining a busy lifestyle.

The Clinical Herbal Therapy Diploma Program is designed for health care professionals at the physician level who would like to augment their skills with Herbal Medicine as an additional modality. This program utilizes a combined delivery method of distance and on-site learning in which the course work is completed by self-directed learning together with completion of 300 supervised clinical training hours at Dominion Herbal College Approved Clinics, on-site attendance at a 4-day seminar at the end of Year 1, a 5-day seminar at the end of Year 2 and a Final Practical Clinical Exam at the end of Year 2. The Dominion Herbal College approved student training clinics are currently located in British Columbia, Alberta and Ontario, Canada.

### ATTENDANCE EXPECTATIONS

Students are required to attend a 4-day on-site seminar at the end of Year 1 and a 5-day on-site seminar at the end of Year 2. Seminar dates are scheduled for June and July. 300 supervised clinical training hours are mandatory and must be completed at Dominion Herbal College Approved Clinics as follows: 100 hours to be completed in Year 1 and 200 hours to be completed in Year 2. The Final Practical Clinical Exam is administered on designated dates at a designated Dominion Herbal College Approved Clinic.

## **REQUIRED TEXTBOOKS**

Students are provided with a Required Textbook List and Supplementary Resources List for each academic year.

## **REQUIRED EQUIPMENT**

A clinic equipment list is provided in the Clinical Training Profile.

## **STUDENT ASSESSMENT**

The program materials consist of four modules comprised of various courses. Each course includes lessons with questions to be completed and submitted to the instructors for evaluation and correction by the due dates. For courses with a midterm exam and final exam, the overall course mark is comprised of 20% course lessons, 30% midterm exam and 50% final exam. For courses without a midterm exam and final exam, the overall course mark is comprised of 100% course lessons. Midterm exams and final exams must be written on dates designated by the College. Midterm exams and final exams are written with a proctor. Students are required to arrange for a proctor in their area. Students are assessed on the following grading system:

<b>Grade</b>	<b>Percentage</b>	<b>Description</b>
A	86-100	Excellent
B	75-85	Very Good
C	70-74	Good
D	1-69	Fail

## **DRESS EXPECTATIONS**

For clinic and seminar attendance, the following dress expectations should be observed:

1. Personal cleanliness and hygiene.
2. Fingernails must be short and clean. Only clear, unchipped nail polish is acceptable.
3. Long hair should be tied back.
4. Avoid colognes, perfumes and after-shave lotions due to allergies.
5. Excessive amounts of jewellery are not permitted.

## **GRADUATION REQUIREMENTS**

A diploma will be issued upon successful completion of all academic and clinical requirements and financial obligations to Dominion Herbal College.

## **PROGRAM ORGANIZATION**

### **COURSES**

Year 1: History & Philosophy, Materia Medica I, Nutrition, Pharmacology, Pharmacy

Year 2: Dermatology, Geriatrics, Gynecology/Obstetrics/Pediatrics, Materia Medica II, Therapeutics

### **SEMINARS**

Seminar lectures will build on the course work completed and assist students in preparing for final exams. Students are provided with a seminar schedule for their respective academic year.

### **CLINICAL TRAINING**

The purpose of the Dominion Herbal College clinic experience is to prepare students to become Herbalists at a professional level through hands-on training with clients in a real-life setting. To accomplish this it is vital that students acquire competence and confidence in performing consultation and examination techniques; assessing the needs of the client by taking thorough case histories; recommending, formulating and dispensing the correct herbal remedies; and following through with individual treatment protocols. To achieve this it is necessary to set professional standards of practice. Dominion Herbal College Approved Clinics will ensure that students are well prepared in this regard.