

## CLINICAL PROGRAMS

These advanced clinical programs of study in Herbal Medicine will prepare the student with the working knowledge and skills necessary to practice as a Clinical Herbal Therapist.

### **CLINICAL HERBAL THERAPY DIPLOMA PROGRAM**

#### **4 Year Distance Learning**

The Clinical Herbal Therapy Diploma Program is a vocational program in the art and science of Herbal Therapeutics. This program provides a comprehensive system of training on how the body functions in health and illness, how herbs can affect the functioning of the body, how to assess an individual's relative state of health and how to choose the correct herbs to treat different ailments. This program requires the student to complete 500 hours of supervised clinical training at Dominion Herbal College approved clinics.

### **CLINICAL HERBAL THERAPY DIPLOMA PROGRAM**

#### **Specially Structured for Health Care Professionals at the Physician Level**

#### **2 Year Distance Learning**

This clinical program is specially structured for health care professionals at the physician level who are interested in developing a working knowledge of Herbal Medicine as a complementary healing modality. The student will learn how to assess and treat common disease states by phytotherapeutic means. This program requires the student to complete 150 hours of supervised clinical training at Dominion Herbal College approved clinics.

## DOMINION HERBAL COLLEGE APPROVED CLINICS

Clinical Herbal Therapy Diploma Program students must complete their herbal clinical training hours under the supervision of a qualified Clinical Herbal Therapist at private clinics that have been approved by Dominion Herbal College. The student will gain practical clinical experience with clients.

## CONTINUING EDUCATION

### **FIELD EXPERIENCE**

#### **35 Hours**

Field Experience requires successful completion of the Chartered Herbalist Diploma Program. The student will gain 35 hours of field experience over a period of one week. Instructor Netta Zeberoff, MH will introduce new herbs and seeds for a garden and take the student on hikes through the beautiful Kootenay valley of British Columbia, Canada with its pristine forests, marshes, rivers, lakes and creeks. The student will actively participate in wildcrafting, herb identification, gardening herbs, permaculture, foraging, preserving and cooking. The student will spend time learning herbal medicine making; preparing the dispensary, bottles and labels; making herbal preparations, tinctures, salves and capsules. The student will learn ecologically sustainable and practical ways of gathering and making herbal medicine. Dominion Herbal College will issue a certificate upon completion.

## ADMINISTRATION

President	Lorraine Birzneck, BBA
Vice President Herbal Studies	Dr. Judy Nelson, BSc, DC, ND, MH
Dean	Dr. Art Birzneck, DC
Registrar	Bernice Birzneck



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# DOMINION HERBAL COLLEGE

#271-5489 Byrne Road, Burnaby, BC V5J 3J1 Canada

Phone: 604.433.1926

Toll Free: 1.888.DHC.1926

Fax: 604.433.1925

Email: [info@dominionherbalcollege.com](mailto:info@dominionherbalcollege.com)

[www.dominionherbalcollege.com](http://www.dominionherbalcollege.com)



Institution ID: 283

*Registered and Accredited by the Private Career Training Institutions Agency of British Columbia*

## ABOUT DOMINION HERBAL COLLEGE

Dominion Herbal College was founded in Vancouver, Canada in 1926 by naturopathic physician Dr. Herbert Nowell. Dr. Nowell taught Botanical Medicine to medical doctors prior to 1918 when such medicine was accepted and practiced by the medical profession. Dr. Nowell's knowledge in Herbal Medicine was admired and appreciated by doctors in England, Canada and the United States.

In 1962 Ella Birzneck, RMT, MH, who apprenticed with Dr. Nowell, continued the tradition and spirit of Dr. Nowell's love of herbs and natural healing by resurrecting and reorganizing Dominion Herbal College and making the Chartered Herbalist and Master Herbalist Diploma Programs available for study by anyone with a sincere desire to gain real knowledge in the field of Herbal Medicine. Since 1987 members of Ella Birzneck's family have worked to ensure that the original purpose of the College is maintained.

In 1989, in order to meet the growing demand for advanced herbal studies, the Clinical Herbal Therapy Diploma Program – 3 Year In-class was developed and in 1993 the Clinical Herbal Therapy Diploma Program – 4 Year Distance Learning was established. These programs were developed to enable individuals with a strong sense of vocation to practice as a Clinical Herbal Therapist. Also introduced at this time was the Clinical Herbal Therapy Diploma Program Specially Structured for Health Care Professionals at the Physician Level – 2 Year Distance Learning.

In 2003 the Herbal Consulting Diploma Program – 1 Year Distance Learning was designed for individuals, employed or seeking employment in the herbal industry, to upgrade and become competent Herbal Consultants.

Dominion Herbal College continues to offer a Field Experience as well as provide resource people for radio, television and community requests for information.

## MISSION STATEMENT

*To Preserve and Nurture the Study of Herbal Medicine.*

By striving to provide the best possible source of Herbal Studies from the basic to clinical levels, educating students to become competent in the field of Herbal Medicine and fostering alliances with other health care professionals.

## DIPLOMA PROGRAMS

### **CHARTERED HERBALIST DIPLOMA PROGRAM**

#### **1 Year Distance Learning**

The Chartered Herbalist Diploma Program has been offered since 1926 and is the most popular program in western Herbal Medicine with thousands of students and graduates around the world. It has been the inspiration of many great North American and international Herbalists. Dr. John Christopher, Dr. Bernard Jensen, Jethro Kloss and Dr. Earl Mindell are only a few of the renowned graduates who got their start in Herbal Medicine with this program. The Chartered Herbalist Diploma Program is designed to provide the student with the fundamental qualifications of a Herbalist. This is the original introductory level program of Herbal Medicine which emphasises the herbal heritage of North America. The presentation and character of the program reflects the actual use of Herbal Medicine as generally practiced by Natives, Thompsonians and Eclectics. The program provides a basic understanding of the human body and use of herbal therapeutics. The program includes Anatomy & Physiology and Materia Medica incorporating approximately 200 western herbs and encompassing botanical description, distribution, cultivation, harvest, constituents, properties, formulae & dosages and contraindications. Also included in this program is a practical book by Ella Birzneck, RMT, MH drawn from generations of herbal knowledge as well as her own lifetime of experience as a practicing Herbalist and natural healer. This is a great way to learn about herbs, take better care of your family's health or begin a career in Herbal Medicine.

**Admission Requirement:** High school diploma, high school equivalent or mature student (19 years or older).

**Enrollment:** Student may begin at any time.

**Duration:** Student has one year to complete the lessons and final exam.

**Program Information:** The program includes three manuals with questions at the end of the lessons and a final exam. The final exam is written with a proctor. Students are required to arrange for a proctor in their area. The program consists of 600 hours of distance learning and can be completed online or by mail. Upon successful completion of the program, the student will be awarded a diploma with the title "Chartered Herbalist".

#### **Book 1**

Lessons 1–21: Anatomy & Physiology of the human body. A general outline of the body as a whole. All systems of the body are covered including the musculoskeletal, cardiovascular, gastro-intestinal, urinary, integumentary, nervous and reproductive systems.

Lessons 22–33: Pathology and etiology of disease, general assessment and examination methods, symptoms of acute and chronic disease with the treatment and care of various conditions giving instructions and herbal formulae.

#### **Book 2**

Lessons 1–30: Materia Medica. History of herbalism, fundamentals, principles and factors of scientific medicine, dietary considerations and herbal remedy preparations compounded and used in treatment. Botany, constituents, plant parts used and contraindications. Approximately 200 North American, western and European herbs are included. Herbal stimulants, tonics, diuretics, diaphoretics, sudorifics, expectorants, demulcents, nervines, antispasmodics, alternatives, antiscorbutics astringents, cathartics, purgatives, anthelmics, emmenagogues, special lesson on lobelia and selected herbal formulae for various ailments. When to gather various herbs and how to mature them for use, nomenclature, prescription writing, phrases and abbreviations.

#### **Book 3**

This book was compiled by Ella Birzneck, RMT, MH. Chronic diseases such as asthma, bronchitis, sinus, rheumatism and arthritis are covered. The glandular system, foods and exercises for eyes, soya bean milk and other soya bean recipes, "keep-well diet" herbal infusions, herbal decoctions, distillations, aromatic herbs, classification of certain herbs, tonics and formulae and baby food for babies and small children. Animal health care, environmental pollution and the "Herbal Alphabet" are also covered.

### **HERBAL CONSULTING DIPLOMA PROGRAM**

#### **1 Year Distance Learning**

This program is designed for individuals employed or seeking employment in the herbal industry to become competent Herbal Consultants. This program creates a balance between the western scientific approach to the study of Herbal Medicine and the traditional North American model. The Herbal Consulting Diploma Program is suitable for individuals working in health food stores, herb shops, pharmacies, supermarkets, direct marketing or wherever herbs are sold and for individuals in herbal product manufacturing or distributing. The student will learn how to assess and formulate herbal products, become familiar with the efficacy and safe use of herbs, market herbs for industry and consult with clients in the workplace in a knowledgeable and professional manner.

#### **Admission Requirements:**

1. Successful completion of high school level chemistry or Dominion Herbal College Prerequisite Chemistry.

2. Successful completion of the Chartered Herbalist Diploma Program.

**Start Date:** Program begins September 1<sup>st</sup>.

**Duration:** Student has one year to complete the program.

**Program Information:** The program consists of questions at the end of the lessons in the following courses: Biochemistry, Botany, History & Philosophy, Materia Medica I, Pathology, Pharmacology and Pharmacy. The student must complete a Herbarium and attend a five-day seminar. Final exams will be written in Materia Medica I, Pathology and Pharmacology. Upon successful completion of the program, the student will be awarded a diploma with the title "Herbal Consultant".

### **MASTER HERBALIST DIPLOMA PROGRAM**

#### **1 Year Thesis**

This program includes research and a thesis on an aspect of Herbal Medicine of interest to the student and approved by Dominion Herbal College. The research and thesis topics have proven invaluable to Herbalists and others in the field of Herbal Medicine. Graduates of the Master Herbalist Diploma Program often have their thesis published or utilize this specialized knowledge as freelance writers, lecturers and instructors.

**Admission Requirement:** Successful completion of the Chartered Herbalist Diploma Program.

**Enrollment:** Student may begin at any time.

**Duration:** Student has one year to complete and submit a thesis.

**Program Information:** The program consists of a thesis with a minimum of 10,000 words and can be completed online or by mail. The student will submit an outline describing the herbal and physiological application to a thesis topic. Upon approval of the outline the student may begin the thesis. A minimum of six months research is required. Upon successful completion of the program, the student will be awarded a diploma with the title "Master Herbalist".